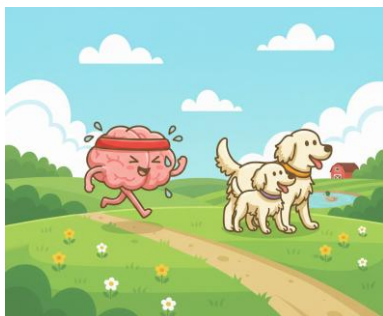


## The Erewash Locality Public Health Newsletter, May 2026

Please feel free to share and do email Claire with anything you'd like included next time.



### Derby and Derbyshire Brain Health Toolkit

The toolkit was developed with system partners and people with lived experience to provide clear, consistent messages for all staff roles. It is a practical, evidence-informed resource to support conversations and action on brain health and reducing dementia risk. The toolkit will strengthen and support existing prevention and wellbeing work across Derby and Derbyshire.

Staff can use it to build confidence, share consistent messages, signpost to local support, and embed brain-healthy messages into everyday work.

You can access more information and the toolkit here: [Derby and Derbyshire Brain Health Toolkit](#)



Across Derby and Derbyshire, free condom schemes are available for young people under 25. They are designed to support sexual health, wellbeing, and safeguarding - and can be delivered proportionately and discreetly. More information from the Integrated Sexual Health Service can be found here: [Free condoms :: Your Sexual Health Matters](#)

Your organisation can be part of the offer. Many settings choose one option that fits their values, capacity, and context - and that's enough to make a difference.

[Click here to download our one-page free condom scheme resource](#)

The Sexual Health Promotion team can help organisations think through the different options – contact them here: [dchst.ishsfreecondoms@nhs.net](mailto:dchst.ishsfreecondoms@nhs.net)



The new **Best Start in Life Local Plan** has been approved by Derbyshire County Council, supported by **£6.75 million of Government funding** to improve outcomes for children and families across the county.

The plan sets out how support will be delivered across the Early Years system over the next three years, with a focus on helping children thrive from pregnancy through to the end of Reception. The plan will deliver a series of measures including:

- **Launching Best Start Family Hubs** and offering joined-up access to services including health, parenting support, early education and SEND support
- **Improving access to high quality early education and childcare** including school-based nursery provision and enhancing high quality continuing professional development opportunities for the Derbyshire early years workforce
- **Working in partnership** to support early years children, ensuring that all families receive the right support at the right time.
- **Increasing parental support** by improving and building on the opportunities to help children's early development

More info: [Derbyshire families and young children to benefit from new best start in life funding - Derbyshire County Council](#)



### **Dementia Action Week Community Event**

Monday 19th May 2026 | 10am – 2pm No need to book, just call in.  
EVA, Granville Avenue, Long Eaton, Nottinghamshire, NG10 4HD

If you or a loved one is experiencing memory loss or dementia, this event provides a safe and welcoming space. Dementia advisers will be there to offer the support you need, with experience in working alongside diverse communities. If English is not your first language, they can offer translated materials or arrange additional language support where possible, so everyone can access the information they need in a way that suits them best. Wheelchair accessible venue. Guide dogs welcome.



### **AMiE newsletter**

AMiE Impact & Learning report is now available.

Read it here: [All Move in Erewash | Erewash Borough Council](#)



## **Derby and Derbyshire Talking Therapies**

**Derby & Derbyshire Talking Therapies** are looking for a face to face venue in Long Eaton suitable for therapy. There is a budget to pay for the room. If you are aware of a venue that has availability then please email [nicola.armstrong@everyturn.org](mailto:nicola.armstrong@everyturn.org)



### **Help with Heating Oil Costs**

Although not a payment from the Derbyshire Discretionary Fund, for speed DCC are using the Discretionary Fund application process which is already set up and can be accessed either online or over the phone.

To apply, please make an application online via the [Derbyshire Discretionary Fund](#) online form or telephone: **01629 533399**. Please clearly state that you are applying for help with heating oil or LPG when you make the application.



## Public Health Vacancies

DCC are recruiting to two new Service Development Officer roles in the Localities team in Public Health. These are great opportunities for people interested in place based work, partnership working and tackling health inequalities at a local level.

[Service Development Officer \(2 posts\)](#)

There are two part time posts (Chesterfield .4 FTE and High Peak .6 FTE) with the possibility to combine into one full time post.

The salary is £35,422 – £38,730 pro rata (Grade 10)

Closing date is 24 May 2026



**Erewash Voluntary Action** are recruiting to two new roles:

Senior Administrator and Volunteering Development Officer

All details can be found here: [job vacancies](#) The deadline for both roles is Monday 1<sup>st</sup> June 2026 at 12pm

The poster is titled 'Learning at Work Week 18 - 24 May 2026' and features the Derbyshire County Council logo. It contains the following text:

Join us to celebrate the national campaign learning at work week and this year's theme: *Many Ways to Learn*

Does your learning and development need a refresh? Do you want to address learning and skills gaps?

Discover new skills, build confidence, and grow your professional potential

**Monday 18 May**  
12:30pm to 3pm  
4:30pm to 5pm  
Join us for a chat to find out more about our offer with our introductory presentation - Welcome to Learning at Work Week, showcasing workplace and targeted offers.

**Tuesday 19 May**  
Take part in our self-paced '5 ways to wellbeing' session

**Wednesday 20 May**  
10am to 11am  
11am to 12 midday  
1pm to 2pm  
2pm to 3pm  
Attend one of our short workshops: *Transferable skills: Path to promotion*, *Confidence at Work (including assertiveness)*, *Time Management*, *Introduction to mentoring*

**Thursday 21 May**  
12 midday to 1pm  
Join us for a chat - informal drop-in session and 12 midday to 1pm

**Friday 22 May**  
10am to 11am  
11am to 12 midday  
1pm to 2pm  
2pm to 3pm  
Attend one of our short workshops: *Transferable skills: Path to promotion*, *Confidence at Work (including assertiveness)*, *Time Management*, *Introduction to mentoring*

Scan the QR code for more info

to derbyshire  
learning at work

**Derbyshire Adult Community Education Service**

[Learning at Work week 18 to 24 May 2026 - Derbyshire County Council](#)

You can also sign up to their newsletters: [Business / Partners Newsletter](#)

## Gathering Community Insights in Cotmanhay

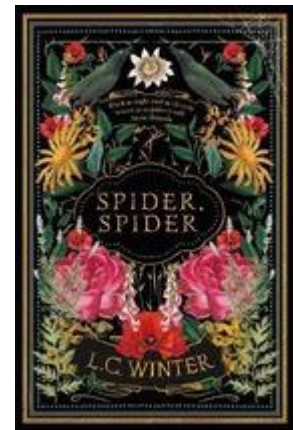
DCC are offering free training to members of the Cotmanhay community to gather insights in their neighbourhoods.

Community Insights Facilitator will help gather stories, experiences and ideas from people in their neighbourhoods. Volunteers do not need any previous experience as DCC will train and support everyone. Payment or vouchers are on offer for the time spent training and gathering insights (up to 12 hours). The training will take place at Cotmanhay Community Network over two sessions: 20<sup>th</sup> May and 5<sup>th</sup> June. If you, or anyone you know is interested in taking part please get in touch with Colin Haughton at EVA [colin@erewashcvs.org.uk](mailto:colin@erewashcvs.org.uk)

## Derbyshire Libraries

To keep up to date with the latest events as they're added be sure to keep an eye on the '[What's On](#)' page.

Wednesday 13th May - [Ilkeston Library](#) - Felted Seascape Workshop - Free drop in craft event for adults with 'Our Freedom: Then and Now' artist Helen Moyes - 10.30am-12pm - ring 01629 533275 for more information



## Joined Up Care Derbyshire

### Having Better Mental Health Conversations sessions

- Tuesday 5th May, 9.15am- 12.30pm- [Book Here](#)
- Wednesday 13th May, 9.15am-12.30pm- [Book Here](#)



## Increase in UC standard allowance

The ‘standard allowance’ of Universal Credit increases by just over 6% (from £400.14 to £424.90 for a single person over 25, and from £628.10 to £666.97 for a couple over 25)

## Changes to the UC ‘health element’

At the moment, anyone found to have Limited Capability for Work-Related Activity’ receives an additional UC element of £423.27. In April 2026 this increases to £429.80 a month, but there is also a new, lower rate of £217.26 a month for new UC claimants. People who claimed before the changes took effect will still receive the higher rate. Two other groups who will still get the higher rate:

- someone who is terminally ill (where a doctor or medical professional has said the claimant might have 12 months or less to live)
- where the claimant has a ‘severe condition’. A new regulation has been added which applies where one of the LCWRA descriptors constantly applies to the claimant and will do so for the rest of their life

## Removal of the two-child limit

Takes effect from 6/4/26 and claimants with three or more children on their claim will find the additional child elements applying in UC ‘assessment periods’ commencing on or after this date. However, the Benefit Cap remains in place, and limits income from some benefits (including UC and Child Benefit) to £1835 a month.

## ‘Right to try’ work

These new rules applicable from 30.4.26 state that taking paid work should not trigger new disability assessments for Universal Credit or Employment and Support Allowance (where it is not seen as a ‘relevant change of circumstances’) and Personal Independence Payment (where it is not a reason for a ‘fresh determination’)

## Retirement age rising to 67

Retirement age (and so access to pensioner benefits) begins to rise to 67 from 6.4.26.

**Table 4: Increase in State Pension age from 66 to 67, men and women**

Date of birth	Date State Pension age reached
6 April 1960 – 5 May 1960	66 years and 1 month
6 May 1960 – 5 June 1960	66 years and 2 months
6 June 1960 – 5 July 1960	66 years and 3 months
6 July 1960 – 5 August 1960	66 years and 4 months (1)
6 August 1960 – 5 September 1960	66 years and 5 months
6 September 1960 – 5 October 1960	66 years and 6 months
6 October 1960 – 5 November 1960	66 years and 7 months
6 November 1960 – 5 December 1960	66 years and 8 months
6 December 1960 – 5 January 1961	66 years and 9 months (2)
6 January 1961 – 5 February 1961	66 years and 10 months (3)
6 February 1961 – 5 March 1961	66 years and 11 months
6 March 1961 – 5 April 1977*	67

\*For people born after 5 April 1969 but before 6 April 1977, under the Pensions Act 2007, State Pension age was already 67.



Department  
for Work &  
Pensions

**Call for public views to improve disability benefit for millions**

Disabled people and those with long-term health conditions are being asked to share their views on how PIP should be reformed, as the Timms Review opens a Call for Evidence.

<https://www.gov.uk/government/news/call-for-public-views-to-improve-disability-benefit-for-millions>