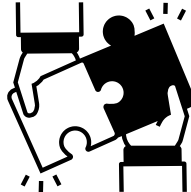




Amber Valley Collaborative Newsletter



Living Well Update:

It was great to see so many partners attend the Amber Valley Collaborative on Thursday 14th November 2024 10:30am-12.00pm.

Introduction:

The meeting commenced with James Bromley – CEO Erewash Voluntary Action welcoming attendees and acknowledging the absence of Debra Dudley, the usual leader of the session. He expressed gratitude for the participant's time and proposed a round of introductions to facilitate communication.

James outlined the agenda, which included discussions on mental health resources and partner updates, feedback and sustainability. Izzy Grainger introduced herself as the new Living Well Coordinator for Amber Valley, Erewash and South Derbyshire, emphasising her eagerness to collaborate with all partners.

Guest speakers:

Mark Hudson – Digital Mapping Worker and Zuzana Kloudova – Digital Mapping Volunteer presented the Community Mental Health Support Map, detailing its accessibility and recent updates, including a monthly newsletter.

The discussion highlighted the importance of community engagement in enhancing mental health support services. Mark Hudson elaborated on the interactive map showcasing various community resources, encouraging participants to contribute information about local support groups. Concerns were raised regarding GPs' awareness of the resource map and accessibility issues on mobile devices, which Mark addressed by clarifying compatibility across platforms. The conversation also touched on the need for more peer support groups and the integration of warm spaces into the Community Mental Health Support Map.

Actions for Guest Speakers:

- Zuzana Kloudova will continue updating the Community Mental Health Support Map with new listings and feedback.
- Mark Hudson will contact relevant parties to explore embedding the map on the Living Well website.
- Mark Hudson will ask if the Community Mental Health Support Map can be embedded on the main Rethink website.

Community Mental Health Support Map Link: https://www.google.com/maps/d/viewer?mid=1V3Rj_vyQCpVdD_2cHQtdCh8TIIBCdMlj&il=53.025952600000025%2C-1.4853221000000083&z=9

Presentation and information are attached within the email.

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Delivery Partner Feedback/Updates:

As the meeting progressed, Sarah Rodgers - Place Lead Amber Valley and High Peak, Active Partners Derbyshire introduced the Move More Amber Valley Strategy, aimed at promoting physical activity among residents, particularly those with long-term conditions.

Collaborative Sustainability:

The final agenda item was based on sustainability of the collaboratives. James stated that the collaborative has been going for some time, and as of March 2025, the ICB is stopping funding to run these collaboratives. James opened the conversation around what these spaces / forums / collaborations should look like post March 2025, and seeking what already exists in the community, and what should be developed in Amber Valley. Izzy Grainger – Living Well Coordinator asked the group what would partners do to raise a concern, and do they know what support is there, or what should be there if the collaborative were to disappear March 2025. The partners were unable to answer this question, and this highlighted the need for a spaces / forums / collaborations post March 2025. The group discussed the importance of sustaining collaborations beyond the current funding period, with Kerry Hayman-Harrison proposing to draft an email to inform managers about the support needed for Erewash Voluntary Action, and the Coordinator role post March 2025.

Actions:

- All partners to share with Izzy and James key partners that should be part of the sustainability solution e.g. Public Health Lead.
- James Bromley will facilitate further discussions on the sustainability of the collaborative forums and gather input from partners.

The meeting concluded with a commitment to share a summary and minutes, ensuring future sessions accommodate partners schedules while fostering ongoing communication and collaboration among partners.

Key questions:

1. What knowledge can be shared from the Living Well side to improve collaboration?
2. What steps can be taken to raise awareness of the Community Mental Health Support Map among GPs and other professionals?
3. How can we ensure the sustainability of these collaborative forums beyond March 2025?
4. Who would partners turn to for support if the collaborative meetings were no longer held?

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3. How can we ensure the sustainability of these collaborative forums beyond March 2025?
4. Who would partners turn to for support if the collaborative meetings were no longer held?

Our next collaborative will be at: Face to face, 10/12/24

Time: 10:30am-12:30pm, Location: Greenwich Park Community Sports Hub, Nottingham Road, Ripley, DE5 3AY



Thankyou for reading the newsletter.

To join the collaborative meetings, submit an extract or to find out more information, please email: isabelle@erewashcvs.org.uk