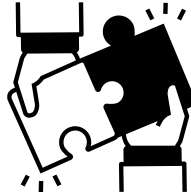




Amber Valley Collaborative Newsletter



Living Well Update:

It was great to see partners attend the Amber Valley collaborative on Tuesday 10th December 2024 10:30-12:00 at Greenwich Park Community Sports Hub, DE5 3AY.

Introduction:

The collaborative began with Isabelle Grainger (Collaborative Coordinator Amber Valley) providing a brief introduction and thanking partners for attending. As new to the role, Isabelle asked if partners could introduce themselves to someone in the room they did not know, which was a great networking opportunity. Partners could provide information about their job role, and organisation, presenting the chance to collaborate in future. The purpose of the collaborative was also re-visited, and collectively it was agreed as a group of passionate individuals comprising commissioners, providers, the statutory sector, the voluntary sector, local authority and people with lived experience of mental health problems. The objective is to develop and grow connections, be the voice of local people, and to lead and oversee the local vision to name a few, and all partners were satisfied with this definition.

The actions from the November collaborative were also discussed, which were:

1. All partners to share with Isabelle and James key partners that should be part of the sustainability solution.
2. James Bromley will facilitate further discussions on the sustainability of the collaborative forums and gather input from partners.

During this discussion, partners are to send relevant contact details to Isabelle and James to contact regarding sustainability. In January 2025, James to provide feedback on sustainability of the collaboratives once information has been gathered.

Guest Speaker 1:

Kiran Panesar (Community Health Improvement Worker) from Live Life Better Derbyshire (LLBD) presented the service, highlighting their direct delivery of weight management, health checks, healthier futures and tobacco dependency treatment to name a few. Kiran also stated that LLBD signpost and refer on to fall services, employment and alcohol service (eligibility criteria can be found on the slides). How to access LLBD is through the website, which can be found here - [Home - Live Life Better Derbyshire](#). A health & wellbeing MOT is also located on the website, and a personalised plan can be created. The connection between Living Well and LLBD was queried, where it was highlighted that the collaborative can reach individuals who may find it difficult to access services. Also, people that attend the collaborative can refer individuals on to LLBD who may need support, showing the importance of collaborative work between services.

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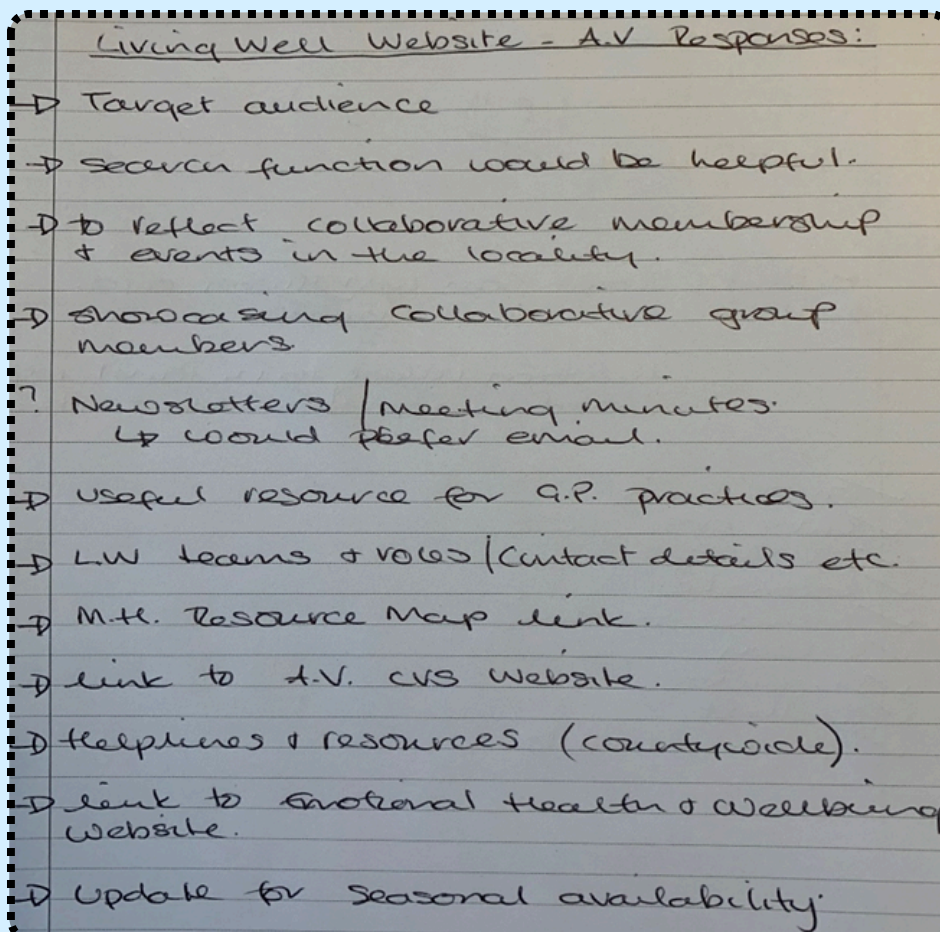
Delivery Partner Feedback/Updates:

Jodie Cook (PCN Development Lead for AVH Ltd & ARCH PCN) shared information regarding the ARCH PCN Wellbeing Drop Ins. Please see attached booking form with all confirmed dates for the wellbeing drop ins from January – August 2025. The engagement of GP surgeries and Living Well was also raised, with one member stating that their local GP surgery had not heard of Living Well, and that more engagement work is needed to raise awareness of the Living Well project.

As an action, Isabelle will contact the engagement regarding this concern raised.

Isabelle opened the conversation around the Living Well website, and what partners would like to see on there for the locality of Amber Valley. The collaborative compared this to High Peak and Chesterfield to see what information was on their pages. Please see below image of points raised.

Link to Living Well website: [Living Well Derbyshire](#) | [Health & Wellbeing](#)



Thankyou also to Kerry for the delicious cookies and sweet treats!

Actions:

- Isabelle to contact the engagement team regarding feedback on GP surgeries
- Isabelle and Marina to work together to add website features over next few months.
- Isabelle to contact James Bromley and provide feedback on collaborative sustainability.
- All partners to consider what a collaborative will look like post March 2025 – Is there existing forums already there, who will facilitate these discussions post March 2025.

Amber Valley Collaborative Newsletter

Our next collaborative will be at: Thursday 16th January 2025, 10:00-11:30am, MS Teams.

Thankyou for reading the newsletter.

To join the collaborative meetings, submit an extract or to find out more information, please email: isabelle@erewashcvs.org.uk