



Erewash Collaborative Newsletter



Living Well Update:

It was great to see so many partners attend the Erewash Collaborative on Thursday 7th November 2024 10:30-12:00.

Introduction:

The meeting began with James Bromley welcoming participants and outlining the agenda, which included a recap of previous discussions and presentations from guest speakers. He introduced Isabelle Grainger as the new Living Well Coordinator for Erewash, Amber Valley and South Derbyshire, highlighting her expertise in sports psychology, Integrated Care Board in Nottingham and health improvement for Live Life Better Derbyshire. Isabelle expressed her interest in mental health (MH) and is looking forward to collaborating with partners.

James highlighted the collaborative nature of the group, which consists of commissioners, providers, and individuals with lived experience of MH issues, and stressed the importance of addressing challenges in MH services through effective partnerships. During this, James provided a summary of the Living Well collaboratives and gave a very simple and concise definition of the Terms of Reference, which partners stated has been difficult to understand previously. The meeting aimed to foster open communication and gather feedback on sustainability and future initiatives.

Guest Speakers:

Ben Gough – Group Development Worker at DRPSS presented the Derbyshire MH Resource Map, developed in collaboration with the University of Derby, designed to enhance community MH services by providing an interactive tool for locating support groups across Derbyshire. The discussion included strategies for distributing the map to clients, such as using QR codes and Google searches, and emphasised the need for ongoing support to maintain the map's sustainability.

<https://bit.ly/RethinkMHMap> - MH Resource map link. Presentation and information are also attached to the email.

Laura Clarke – Senior Social Work Practitioner Erewash Living Well Social Care Team then provided an overview of the Living well service, which currently accepts referrals only from GPs, and highlighted the importance of comprehensive information regarding clients' needs. Team members discussed the increasing number of referrals and the necessity for improved inter-team communication to enhance service delivery.

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Delivery Partner Feedback/Updates:

The meeting also featured updates on various initiatives, including the Kirk Hallam well-being sessions and a report from Diana Shepherd of All Being Well regarding their art materials project. Diana noted the need for a new workspace due to relocation issues and sought assistance in finding suitable spaces. James Bromley shared contact details for room hire options at EVA, while Sara Bains - Wellness and Inequalities Lead- Primary Care Network explained the importance of arts initiatives in community health.

From the group discussion, an action was to look at a directory or resource map that outlines individual responsibilities and roles, like a MH resource map. This could serve as a collaborative tool for stakeholders and partners to better understand and track who is responsible for what within a project or initiative. This perhaps to be part of sustainability work for future collaborations.

Additionally, James shared an announcement about the upcoming Derbyshire MH Forum, which is 12th November 2024 13:00-15:00 at Coney Green Business Centre, Coney Green Business Park, Wingfield View, Clay Cross, Chesterfield, Derbyshire S45 9JW.

Collaborative Sustainability:

Sustainability post March 2025 was discussed during the collaborative, and James shared that the real value it has for all partners, and hopes the collaborative forum continues. James also shared an external partner perspective – slide 17 (Erewash LW Collaborative Meeting Presentation), showing the importance of the collaboratives, which aims to facilitate networking among service providers and address concerns about accessibility and engagement in collaborative efforts, ensuring that all partners can contribute to sustaining initiatives beyond March 2025. However, there is still lots of work to do. This involves looking at existing forums/networks and capturing everyone's needs – both community and Statutory. Whilst also, looking at the accessibility for all including lived experience – online/face to face.

Consider the Following:

- Learning Labs – Available to partners as invite only. Any partners to contact Laura Clarke and/or Leigh Griffiths - Service Lead for Living Well Erewash and DRPSS Erewash to attend.
- Long Term Plan – How to continue a local level to meet needs of all partners involved with MH.
- Smaller groups can find it harder to attend. The need to ensure they are represented – EVA to support with this as representative of VCSE.
- Are there any other MH forums in Erewash - Louise Priest - Service Development Officer (Public Health), Erewash Localities Team to follow up.
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- In summary, all partners agreed the collaborative in some form needs to continue post March 2025 – partner to consider practical solutions to this in Erewash.



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Key Questions:

- How can we ensure that individuals with lived experience feel comfortable sharing their stories in these meetings?
- What strategies can be implemented to enhance communication and collaboration among different service providers?
- How can we maintain the MH resource map tool for community MH support in the long term?
- How can local partners support the continuation or development of the collaborative post March 2025?



Our next collaborative will be at: Erewash Voluntary Action, Grenville Avenue, Long Eaton, Derbyshire, NG10 4HD 13:00-15:00pm.



Thankyou for reading the newsletter.

To join the collaborative meetings, submit an extract or to find out more information, please email: isabelle@erewashcvs.org.uk